The Prostate Cancer Centre fights prostate cancer by delivering one-stop support to men and families through rapid access to research, personalized care, and education.

We promote overall health and well-being, inspire hope, and reduce the impact of prostate cancer in our community.



#### **Prostate Cancer Centre**

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**Prostate Cancer Centre** operates solely on the generosity of community events, corporate sponsors, volunteers, and you.

# Prostate Cancer Centre

#### Who We Are

#### **The Prostate Cancer Centre**

(PCC) is a charitable organization and world-class medical Centre dedicated to the fight against prostate cancer.

Our Centre is committed to excellence in patient care, and offers comprehensive patient-focused programs and services for men in Southern Alberta. Our services include educational programming, medical treatment, aftercare, counselling, research, and advocacy.

Every year, PCC sees 22,000 men and their families who are in need of access to our programs and services. Our Centre's research department is recognized as one of the top facilities in Canada, with studies benefitting both current and future patients.

## Awareness in the Community

The MAN VAN® program is Canada's first mobile Prostate Specific Antigen (PSA) blood clinic that offers free health tests to men in Calgary and rural Alberta. The program is also available for private testing clinics.

Informational presentations on prostate cancer and men's health are available for community groups and private organizations. These are interactive learning sessions and are delivered by prostate cancer graduates.

#### **The Patient**

### RAPID ACCESS TO DIAGNOSIS AND TREATMENT

Access to a Specialist: We've created rapid access clinics to shorten wait times to see a specialist. Our clinics reduced the wait times from 90 days to less than 10 days.

**Access to a Biopsy:** Transrectral ultrasound guided biopsies are performed at our Centre by EFW Radiology Specialists.

#### **Access to Treatment Specialists:**

If a biopsy confirms prostate cancer, we offer bi-monthly education sessions led by health care professionals to discuss information and treatment options for newly diagnosed patients.

Access to Post-Operative Care: Our Registered Nurses provide care for prostate cancer patients who have undergone surgery. We also offer three-month and nine-month follow up appointments.

Access to Active Surveillance: In our active surveillance program, patients are carefully monitored through regular PSA blood tests and digital rectal exams (DRE) to determine if a repeat biopsy is required.

Access to Hormonal Treatment: The goal of hormonal treatment is to reduce levels of male hormones in the body, or to prevent them from reaching prostate cancer cells. Patients who have advanced prostate cancer are often treated with hormone therapy, also called androgen deprivation therapy (ADT).

#### **Every Patient is Unique**

Our Centre offers a variety of resources and programs to support men through their journey with prostate cancer.

#### **RESOURCE CENTRE**

Here you will find a library of current and medically approved literature, ideas, global research, journals, and pamphlets on prostate cancer. Volunteers are on duty most days to assist you.

#### **VOLUNTEERS**

Our volunteers are trained prostate cancer graduates who share their experiences and offer support and assistance to patients and their families. Men who have benefited from peer counseling often return to volunteer themselves.

#### **MONTHLY SESSIONS**

Check our website for ongoing support services and programs.

#### **MD CONVERSATIONS**

Current medical informational videos created for patients by a team of urologists for can be found on our website.

#### RESEARCH

We care both about the patients of today and the patients of tomorrow. Our in-house research department is working towards a cure for prostate cancer and supporting testing advances in diagnoses and treatment to improve the quality of life for current and future patients.