



MAN VAN® PSA Blood Testing Guidelines

Please review the clinic you are attending for specifics on age range testing that are specific to the region of Alberta you are in.

Northern Alberta Clinics: PSA blood testing is available for individuals aged 50 - 70, and elevated levels follow the Canadian Urological Association recommended guidelines. If you are 45 and over with an increased risk of prostate cancer such as family history, Black or Indigenous men, you may benefit from PSA blood testing at an earlier age, please identify yourself at the clinic and you can be tested on the MAN VAN®. [Click here to read more.](#)

Southern Alberta (Red Deer and South): PSA blood testing is offered for those aged 50 – 70, and elevated results follow Alberta Precision Laboratories (APL) guidelines. PSA blood testing for individuals aged 40-50, or 70-80 remains accessible in the southern Alberta under the historical framework of the MAN VAN® initiative, as we undertake a comprehensive review of our testing guidelines throughout Alberta and update our policies.

The Prostate Cancer Centre acknowledges the importance of consolidating age and PSA blood testing guidelines and is actively working to unify the MAN VAN® program amidst our ongoing Alberta-wide expansion.