

## Guys strip down at #nakedespy 2019 to raise a record breaking \$55,000

The proprietor of the contemporary fashion boutique **espy**, Megan Szanik, hosted the 9th Annual #nakedespy event this March. This all-day men's event is a day where men of all ages strip down to their underwear, do push-ups, have a drink or two, and bring awareness to men's health by raising money for **Calgary's Prostate Cancer Centre**.

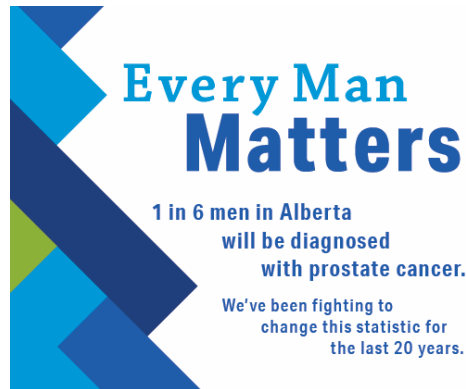


[Click here to read more](#)

## Monthly Giving: 20x20 Every Man Matters Campaign

To celebrate our **20 years of excellence**, please consider joining our monthly giving campaign. For just \$20 a month (\$0.66 a day), you can help make sure every man facing a cancer diagnosis is supported every step of the way. Your monthly gift will allow us to focus on our mission of reducing the impact of prostate cancer in our community.

[Click here to join now](#)



## Every Man Matters

**1 in 6 men in Alberta will be diagnosed with prostate cancer.**

We've been fighting to change this statistic for the last 20 years.

## The MAN VAN was at the Global Petroleum Show!

Last month, we provided health tests to over 273 men from Canada, the U.S, and Europe at the Global Petroleum Show. Our inclusion at the show was made possible through the generosity of Hugh and Laureen Borgland and booth space was donated by DMG Events; Thank you!

[Click here to book a MAN VAN clinic for an upcoming event.](#)



## 94% of Canadian Men Report Unhealthy Behaviour

94% of Canadian men have at least one unhealthy behavior that, if modified, could extend their life, a recent study finds. Over 60% of men surveyed in this study had an unhealthy diet and 40% overused alcohol.

[Click here to read more.](#)



