



# Survivorship Care Post Treatment for Prostate and Breast Cancer

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ubccpd.ca/course/survivorship2018

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This conference is geared to all physicians and allied health providers dealing with survivorship issues of breast and prostate cancer patients after initial diagnosis and treatment. The purpose of this seminar is to review selected issues of relevance to survivors of breast and prostate cancer and to address how the primary care, family physicians, and allied health providers can help recognize and/or mitigate issues of importance relevant to these populations of cancer patients. Please join us for this comprehensive update hosted by the Vancouver Prostate Cancer Centre's Prostate Cancer Supportive Care Program.

## PRESENTING FACULTY



### Stacy Elliott, MD

Dr. Stacy Elliott is a Sexual Medicine Physician whose interests lie in the sexual and reproductive consequences of medical or surgical problems. She is a Clinical Professor in the Departments of Psychiatry and Urologic Sciences, and PI and Faculty member at International Collaboration on Repair Discoveries (ICORD), UBC, the Medical Manager of the BC Center for Sexual Medicine, Co-Director for the Vancouver Sperm Retrieval Clinic, and a sexual medicine consultant to Vancouver's Prostate Cancer Supportive Care (Prostate Cancer Supportive Care Program) as the Provincial Lead of its Expansion Program.



### David Kuhl, MD, PhD

Dr. David Kuhl is a Professor in the Faculty of Medicine (Departments of Family Practice and Urological Sciences) at the University of British Columbia. Integrating medicine, psychology and the social sciences is fundamental to his worldview and to his work as a clinician/researcher. He has worked with veterans in transition from military to civilian life, with first responders, professional athletes and with men who have prostate cancer. He is a co-founder of The Men's Initiative, thereby providing service, research, education and policy development in addressing the needs of men.



### Don McKenzie, MD

Dr. McKenzie is a Professor in the Division of Sports Medicine and the School of Kinesiology at the University of British Columbia. His research interest is in exercise and cancer. He is also the founder of Abreast in A boast and the Chair of the Canadian Center for Ethics in Sport.



### Sue Purkiss, MD

Dr. Susan Purkiss is an Assistant Clinical Professor at UBC and practices at BC Women's Hospital in obstetric medicine and bone health. She completed her residency in internal medicine at UBC and fellowship in Obstetric Medicine and osteoporosis, both in Vancouver and Sydney, Australia. She has a longstanding interest in bone health in perimenopausal and postmenopausal women. She has practiced with colleagues for 15 years in the Osteoporosis program at BC Women's, and has annually taught UBC medical students about bone health.



### Tamara Shenkier, MD

Dr. Tamara Shenkier received her Internal Medicine and Medical Oncology Training at the University of British Columbia (BC) and BC Cancer Agency (Vancouver Centre) where she has practiced since completing her training, concentrating on clinical care and clinical trials in breast oncology. She served as UBC Medical Oncology Program Director from 2004-2012 and is currently Chair of the Royal College of Physicians and Surgeons of Canada Medical Oncology Specialty Committee.



### Lynn Straatman, BSc, MD, FRCPC

Dr. Straatman is a Cardiologist in Cardio-Oncology and Cardiac Function clinics at Vancouver General Hospital. She is also the medical director of the Heart Failure Program at VGH and is currently establishing a Supportive Cardiology Clinic in conjunction with palliative care. Her research interests include transition of adult survivors of childhood cancer to adult care, the integration of palliative care into heart failure management and education/support of family practitioners in survivorship care through practice guidelines.



### Sydney Thomson, MD, FRCPC

Dr. Thomson graduated UBC Obstetrics and Gynaecology Residency in 1990. She went on to do a Sexual Medicine Fellowship at the BC Center for Sexual Medicine. She has continued to work in association with the center clinically and teaching the UBC Year II Course in Sensitive History Taking-Sexual History. She devoted her clinical practice to Female Sexuality in 1996 and has been practicing within the UBC Department of Obstetrics and Gynaecology throughout. Her department practice is now focused within the BC Center for Vulvar Health within the Multidisciplinary Vulvodynia Clinic.



### Andrea Holmes, RD

Andrea Holmes is a registered dietitian with Dietitian & Physical Activity Services at HealthLink BC, the province's non-emergency health information service, where she responds to calls and emails to oncology nutrition questions from the public and health professionals. She has 20 years of experience in nutrition counselling with the past 11 years focused on supporting the nutrition needs of individuals and families coping with cancer.



### Paula Myers, MSW

Paula holds a Master's Degree in Social Work and has an extensive career in the helping profession that has included working with mental health, addictions, youth and adults with developmental disabilities. For the last 15 years, she has been part of the BC Cancer Agency psychosocial oncology team, based out of the Patient and Family Counselling Department. She currently works with people with breast cancer.



### Maureen Parkinson, MEd

Ms. Parkinson is the province-wide vocational rehabilitation counsellor at the BC Cancer Agency. She has also been vocational rehabilitation counsellor at a public rehabilitation hospital and vocational rehabilitation consultant to insurance companies and the court system. Ms. Parkinson has a Masters in Counselling Psychology, is a Canadian Certified Rehabilitation Counsellor, and completed the Certified Return to Work Coordinator Program through the National Institute for Disability Management and Research.



### Sarah Weller, B.App.Sci(HMS), CSEP-CEP, EIMC Exercise Professional Level 2

Sarah is a Certified Exercise Physiologist (CSEP-CEP) with over 13 years experience working with oncology patients providing evidence-based exercise and rehabilitation before, during and after cancer treatments. She works as the provincial clinical exercise lead for the Prostate Cancer Supportive Care Program at the Vancouver Prostate Centre. Additionally, she is the director of the Treloar Physiotherapy cancer exercise rehabilitation program in Vancouver. Sarah focuses on translating evidence into practice and increasing clinical exercise services available to cancer patients.