



**Prostate Cancer
Centre**

Saddle Up for Men's Health with YYC Cycle in Support of Calgary's Prostate Cancer Centre

Calgary, AB – '[Saddle Up for Men's Health](#)' April 1, 2017 and fundraise the night away. With support from Women for Men's Health, and in partnership with [YYC Cycle Spin Studio](#) (3505 14th Street SW), the [Prostate Cancer Centre](#) is hosting their second annual spin event. All proceeds will be used to support research and awareness in areas impacting men's health.

The Prostate Cancer Centre is grateful for the support of Women for Men's Health, a group of diverse Calgary women who have come together with the goal to raise money to help lessen the discrepancy in gender health. Led by Dr. Shelley Spaner, this group of determined women started 'Saddle Up' in 2016 with the intent to raise awareness about Men's Health issues, challenge participants physically, and provide exposure to an activity that can easily be incorporated into any lifestyle.

2016's inaugural event raised a staggering \$75,000. These funds supported the delivery of Men's Health Awareness Clinics across the city and province reaching almost 900 men. "Calgary's fitness and wellness community is passionate and generous. We're thrilled to have the opportunity to partner with YYC Cycle again and continue to shine a light on men's health" says Spaner.

On Saturday April 1, supporters of Women for Men's Health and the Prostate Cancer Centre will take over YYC Cycle's spin studio in Marda Loop from 2pm-10pm. Fundraising teams or individuals will "spin to win" riding a minimum of one and a maximum of six hours.

The event will feature a silent auction and the Man Van™ – a mobile opportunity for PSA testing for men over 40. Men under 40 can get a glucose blood test, blood pressure and BMI reading. All part of knowing your numbers and monitoring health!

Guaranteed to get your heart racing, the motivators at YYC Cycle are thrilled to host 'Saddle Up' for a second year. "We're in the business of community, and Saddle Up for Men's Health is a chance for us to come together, raise funds and improve the health of men in Calgary." shares YYC Cycle Co-Owner/Motivator Andrew Obrecht.

The Saddle Up After Party will be held at [Merchants Restaurant](#) and Bar <http://merchantsyyc.com> (2118 – 33rd Ave SW). VIP and regular admission tickets are available online and at the door.

Sponsor a rider or a team, or create your own team page and set a fundraising goal. Spin to win on April 1 for men's health, and stay up to date with Women's for Men Health on [Facebook](#) and Instagram [@womenformenshealthcalgary](#).

Contact:

Pam Heard

Executive Director | Prostate Cancer Centre

pheard@prostatecancercentre.ca

6500-7007-14 St SW Calgary, AB T2V 1P9

www.prostatecancercentre.ca

Direct: (403) 943-8868 | Fax: (403) 943-8877